

Calendar 2009-2010

Support Groups

For family, friends and people living with mental illness

BIPOLAR DISORDER

Mondays, 7:30-9:00 pm
4333 Côte Ste-Catherine Rd.

2009

Sept. 14; Oct. 5; Nov. 2; Dec. 7

2010

Jan. 4; Feb. 1; Mar. 1; Apr. 12;
May 3; June 14; July 5; Aug. 2

DEPRESSION

Mondays, 7:30-9:00 pm
4333 Côte Ste-Catherine Rd.

2009

Sept. 21; Oct. 26; Nov. 16; Dec. 14

2010

Jan. 18; Feb. 15; Mar. 15; Apr. 26;
May 17; June 28; July 19; Aug. 16

OBSESSIVE COMPULSIVE DISORDER (OCD)

Mondays, 7:30-9:00 pm
4333 Côte Ste-Catherine Rd.

2009

Sept. 14; Oct. 26; Nov. 16; Dec. 7

2010

Jan. 18; Feb. 15; Mar. 15; Apr. 26;
May 17; June 28; July 5; Aug. 2

HOARDING

Mondays, 7:30-9:00 pm
4333 Côte Ste-Catherine Rd.

2009

Sept. 14; Oct. 5; Nov. 2; Dec. 7

2010

Jan. 4; Feb. 1; Mar. 1; Apr. 12;
May 3; June 14; July 5; Aug. 2

For family and friends only — any diagnosis welcome

FAMILY

Mondays, 7:30-9:00 pm
4333 Côte Ste-Catherine Rd.

2009

Sept. 14, 21; Oct. 5, 19, 26; Nov. 2, 9, 16; Dec. 7, 14

2010

Jan. 4, 11, 18; Feb. 1, 8, 15; Mar. 1, 8, 15; Apr. 12, 19, 26; May 3, 10, 17;
June 14, 21, 28; July 5, 19; Aug. 2, 16

PARENTS OF ADULT CHILDREN

7 pm, days vary, at AMI
5253 Decarie, Suite 200

2009

Sept. 8; Oct. 7; Nov. 9;
Dec. 14

2010

Jan. 12; Feb. 8; Mar. 16;
Apr. 13; May 11; June 15

SIBLINGS AND ADULT CHILDREN

Mondays, 7:30-9:00 pm
4333 Côte Ste-Catherine Rd.

2009

Sept. 21; Oct. 19; Nov. 9; Dec. 14

2010

Jan. 11; Feb. 8; Mar. 8; Apr. 19;
May 10; June 21; July 19; Aug. 16

SOUTH SHORE

Wednesdays, 6:30 pm
South Shore Center for Individual &
Family Counselling, 10 Churchill, Suite 205,
Greenfield Park

2009

Sept. 9, 23; Oct. 7, 21; Nov. 4, 18;
Dec. 2, 16, 30

2010

Jan. 13, 27; Feb. 10, 24; Mar. 10, 24;
Apr. 7, 21; May 5, 19; June 2, 16, 30;
July 14, 28; Aug. 11, 25

For people living with mental illness only

KALEIDOSCOPE

Any diagnosis welcome
Mondays, 7:30-9:00 pm
4333 Côte Ste-Catherine Rd.

2009

Sept. 21; Oct. 19; Nov. 9; Dec. 14

2010

Jan. 11; Feb. 8; Mar. 8; Apr. 19;
May 10; June 21; July 19; Aug. 16

OCD-TEENS

Mondays, 7 pm, at AMI
5253 Decarie, Suite 200

2009

Sept. 14, Oct. 19, Nov. 2, Dec. 7

2010

Jan. 11, Feb. 15, Mar. 8, Apr. 12,
May 3, June 7

**For information, call
514-486-1448.**

Education*	Tele-workshops*	Roundtable Discussions*
<p><i>For all at AMI</i> 5253 Decarie, Suite 200, 6 weeks, 7:00-9:00 pm</p> <p>Starting dates:</p> <p>Mood and Thought Disorders:</p> <p>I: Tuesday, September 15, 2009</p> <p>II: Thursday, October 22, 2009</p> <p>III: Monday, February 1, 2010</p> <p>IV: Thursday, April 22, 2010</p> <p>Obsessive Compulsive Disorder: Wednesday, October 28, 2009</p> <p>Recovery (Consumers): Thursday, March 4, 2010</p>	<p><i>For all, by phone</i> Wednesdays, 7:00-8:00 pm</p> <p>September 30, 2009 January 20, 2010</p> <p>October 28, 2009 February 24, 2010</p> <p>November 25, 2009 March 24, 2010</p>	<p><i>For all at AMI</i> 5253 Decarie, Suite 200 Mondays, 7:00-9:00pm</p> <p>September 21, 2009 January 25, 2010</p> <p>October 26, 2009 February 22, 2010</p> <p>November 30, 2009 March 22, 2010</p>
	Tele-support*	Special Events
	<p><i>For caregivers only, by phone</i> Wednesdays, 7:00-8:15 pm</p> <p>November 18, 2009</p> <p>January 13, 2010</p> <p>March 17, 2010</p>	<p>Low-Beer Memorial Lecture, October 14</p> <p>Fundraising Concert, October 21</p> <p>Holiday Party, December 6</p> <p>Annual General Meeting, June 7</p>